

Fastpitch Camps and Clinics Presents; Coaches Camp 2012

Mission Statement: New Jersey camps and clinics are dedicated to support all softball players and coaches. We strive to increase understanding in the fundamentals of fastpitch softball while in an environment conducive to learning. Sound foundations are built as proper techniques are emphasized in a setting that allows individuals to progress at their own rate. Athletes and coaches increase their appreciation for the game while gaining confidence in a fun, non-threatening atmosphere.

Helping coaches to be the best they can be, and supporting you so that you can help our Fastpitch softball players to be the *best they can be!* The Coaches Tune-Up.

**Hands-on clinic: Lecture, demo and coach participation,
Handouts and diagrams to take home.**

Wear your sneakers, dress comfortably and bring your glove!



Location: Mount Saint Mary Academy Gymnasium - Route 22, Watchung NJ 07069
Date: Sunday, March 11, 2012 **Time:** 4:00 - 7:00 p.m.

(Last 1/2 hour coaches free time to speak with clinicians about whatever they like)

Cost: \$65.00 if postmarked by February 13, 2012 \$90.00 after February 13, 2012 or \$140 at the door

Coaches: Jody D'Amato, Denise Materia, Sharon Miller; combining 90+ years of playing, coaching, umpiring and teaching girls softball, to bring you this softball coach's clinic. It's all about helping you to understand and coach young girls; what motivates them, how to get them to give you their best. To understand them physically and know where their power is generated from. Let's get together and get ready for your 2012 spring season.

Coaching girls; it's very different than coaching boys!

The perfect practice

Skill Development

The Catcher

How to help your pitcher

Teaching your hitters

Positional play

Defensive plays

Handouts, diagrams and practice plans

Good coaches are great teachers that are willing to learn and grow.

Additional information, contact Jody D'Amato, Camp Director at fastpitch@comcast.net or call 908-276-0680

To register, please return this portion with your check payable to NJ Fastpitch Softball

Regis: MSMA Coaches Clinic 2012 4 - 7 p.m. **PLEASE PRINT**

Name _____ Telephone _____

Address: _____ City: _____ St: _____ Zip: _____

E-mail: _____

**Mail registration form and check to: Jody D'Amato, NJ Fastpitch Camp Director
PO Box 5788, Clark NJ 07066**

I release and hold harmless the NJ Fastpitch Softball Organization, its staff and volunteers, Mount Saint Mary Academy, its Board of Trustees, the Sisters of Mercy, its staff, faculty and administration from any and all liability to me as a result of attending this coach's camp. Furthermore, I am physically fit to participate in the optional activities of this camp.

Signature and date: _____



WBSI REC COACH 2012